

DROM™ at HOME Monthly Membership TERMS OF SERVICE & CLIENT AGREEMENT

By signing up, paying for the DROM™ at HOME monthly subscription, and participating in DROM's Virtual Exercise classes, programs, and other offerings; I declare that I have read and understood the "Terms of Service" and "Client Agreement" listed below, and do hereby waive, release, and discharge DROM, a division of Val Shah Corp, in perpetuity, from any and all responsibilities or liability for any present and future injuries or damages resulting or arising from my participation in any activities including but not limited to, exercise or movement practices.

Monthly Plan Subscription

Your monthly subscription for DROM at HOME will start when your first payment is made (via PayPal) and will continue monthly until DROM™ is notified of any changes. When you purchase a monthly subscription, auto-renew is automatically selected in PayPal. At the end of the monthly subscription period, you will automatically be signed up and billed for an additional subscription term of 30 days at then-current pricing. If you do not wish your subscription to auto-renew you must provide notice no less than 15-days prior to your auto-renew date.

General Terms and Conditions for all Subscriptions

Subscriptions are non-cancelable and non-returnable. No refunds will be paid on any remaining subscription period.

If you terminate your subscription, you will lose access to the private catalog of classes and services.

An internet connection is required to use and manage subscriptions.

Subscription plan pricing is subject to change. New pricing takes effect upon renewal of your subscription plan.

RETURN POLICY

As all of our products are digital they are deemed "used" after watched, opening, or scheduling. This unfortunately means we have a strict no refund policy in regards to dissatisfaction with product. Please contact us at info@drompractice.com to see how we can remedy any problems you may have with this.

PAYMENTS

All transactions conducted through DROM at HOME are handled by a dedicated third party to ensure your information is both safe and secure. Payment information is not stored, and all card information is handled by PayPal™. Please read the terms & conditions for [PayPal](#).

ADDITIONAL INFORMATION

DROM™ and Val Shah Corp. reserves the right to amend any information, including but not limited to prices, technical specifications, terms of service and product offerings without prior notice.

DROM™ at HOME/ Client Agreement

In consideration of my being able to participate in the Virtual DROM at HOME Exercise Program, I understand that I must purchase a valid monthly subscription. I understand and acknowledge the risks of participation, waiver of liability, and virtual policies and procedures.

- **I understand** that the program is voluntary and that the DROM Instructor guide me through the exercise program(s).
- **I understand** that the online exercise guides are designed for those individuals who do not have certain medical limitations regarding exercise. If applicable, I will accurately and completely disclose of any prescribed medications I am taking and any exercise limitations I am aware of or have been informed of by my doctor, so that my instructor can develop a modified plan for my personal medical considerations. During the program if my medications, condition, or medical limitations should change, I will notify the Instructor.
- **I acknowledge** that I have either had a physical exam and have been given my physician's permission to participate or I have decided to participate without approval of my physician.
- **I understand** that I have the complete right to stop or decrease exercise at any time during a session, and that it is my obligation to notify my physician or seek medical attention immediately if I develop any symptoms such as fatigue, shortness of breath or chest discomfort.

- **I understand** that participation in the program including but not limited to exercising, use of exercise equipment and strenuous exertion all of which increase heart rate and body temperature.
- **I understand** that exercise involves certain risks, including but not limited to, serious neck and spinal injuries resulting in complete or partial paralysis, heart attack, stroke or even death. Also, injuries could occur to bones, joints or muscles. Slips, falls, and unintended loss of balance could result in muscular, neurological, orthopedic or other bodily injury. I understand that part of the risk involved in undertaking any activity or program is relative to my own state of fitness or health (physical, mental, or emotional) and to the awareness, care and skill which I conduct myself in that activity or program.
- **I hereby** grant DROM™ and Val Shah Corp. the right and permission, in respect of the photographs and videos that have been or will be taken of the participants or in which the participant may be included with others, to copyright the same, in the name of DROM™ or Val Shah Corp or otherwise; to use, re-use, publish, and republish the same in whole or in part, individually or in conjunction with other photographs and videos, and in conjunction with any printed matter, in any and all media now or hereafter known, and for any purpose whatsoever. I hereby release and discharge DROM™ and Val Shah Corp from any and all claims and demands arising out of or in connection with the use of the photographs and videos, including without limitation any and all claims for libel or invasion of privacy.